



**OUR LADY OF MOUNT CARMEL PARISH**  
**BULLA CLARKEFIELD DIGGERS REST SUNBURY WILDWOOD**  
**ON WURUNDJERI COUNTRY**



**Parish Office:** 101 Riddell Road Sunbury 3429 **T:** 9744 1060 **Office Hours:** Mon - Thur 9am -1pm Fri 9am - 5pm  
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**\*\*In case of emergency after hours—Presbytery 9740 6503\*\***

Newsletters are available on the parish website  
olmcSunbury.com

Our parish is committed to the Safety, Wellbeing and Dignity of all, including children and vulnerable adults.

**LITURGY TIMES: AT ST ANNE'S CHURCH**

**Saturday** 5.30pm - Sunday Mass  
**Sunday** 8.30am  
**Sunday** 10.30am  
11.45am - Baptism  
**Wednesday** 9.30am - Mass  
11.00am - Funeral- Bill Dillon  
**Thursday** 9.30am - Mass  
**Friday** 9.30am - Mass

**RECONCILIATION**

**Saturday 10am - 10.30am St Anne's Church**

**Parish Priest:** Rev Denis Stanley  
**Assistant Priest:** Rev Jossy  
Kizhakkethalackal  
**Deacon:** Rev Stephen Fernandes  
**Pastoral Assoc:** Sr Jose Noy RSJ  
**Safeguarding Officer:** Elena Rodrigues  
**St Anne's School:** 8746 6800  
**Principal:** Noelene Hussey  
**Our Lady of Mount Carmel School:** 9740 7344  
**Principal:** Julie Freeman  
**Holy Trinity School:** 8746 6464  
**Principal:** Krystine Hocking

**2 June 2024**

**THE MOST HOLY BODY AND BLOOD OF**  
**CHRIST**

**First Reading:** Exodus 24:3-8  
**Psalm Response:** 115:12-13, 15-18  
**Second Reading:** Hebrews 9:11-15  
**Gospel Acclamation:** John 6:51-52  
Alleluia, alleluia!  
I am the living bread from heaven, says the Lord;  
whoever eats this bread will live for ever.  
Alleluia!  
**Gospel:** Mark 14:12-16, 22-26

**LET US PRAY FOR**

**Sick:** Kerry BAILEY, Agatha CHAVES, Jalila DAWOOD, Cesar GABALES, Joshua LEE, Diana MASTRAMICO, John MCGOVERN, Matthew PALSER

**Recently Deceased:** Charmaine DALY  
Bill DILLON, Marie GENEROSO

**Anniversaries:** Charles CALLEJA,  
Rowland D'CRUZE

**SPECIAL COLLECTION—THIS WEEKEND**  
**VINNIES WINTER APPEAL**

**Parish Vision:** Christlike relationships of friendship and faith, valuing one another and sharing our gifts for the good of all.

**ON THE DAY OF PENTECOST TO THE RECENTLY BAPTISED, ON THE SACRAMENT OF THE EUCHARIST.**

A Sermon preached by St Augustine on Pentecost Sunday, 408 AD in the Cathedral of Hippo, North Africa.

What you see on God's altar, you've already observed during the night that has now ended [the Easter Vigil]. But you've heard nothing about just what it might be, or what it might mean, or what great thing it might be said to symbolize. For what you see is simply bread and a cup - this is the information your eyes report. But your faith demands far subtler insight: the bread is Christ's body, the cup is Christ's blood.

Faith can grasp the fundamentals quickly, succinctly, yet it hungers for a fuller account of the matter. As the prophet says, "Unless you believe, you will not understand." [Is. 7.9] So you can say to me, "You urged us to believe; now explain, so we can understand."

Inside each of you, thoughts like these are rising: Our Lord Jesus Christ, we know the source of his flesh; he took it from the virgin Mary. Like any infant, he was nursed and nourished; he grew; became a youngster; suffered persecution from his own people. To the wood he was nailed; on the wood he died; from the wood, his body was taken down and buried. On the third day he rose; he ascended bodily into heaven whence he will come to judge the living and the dead. There he dwells even now, seated at God's right. So how can bread be his body? And what about the cup? How can it (or what it contains) be his blood?

My friends, these realities are called sacraments because in them one thing is seen, while another is grasped. What is seen is a mere physical likeness; what is grasped bears spiritual fruit.

So now, if you want to understand the body of Christ, listen to the Apostle Paul speaking to the faithful: "You are the body of Christ, member for member." [1 Cor. 12.27] If you, therefore, are Christ's body and members, it is your own mystery that is placed on the Lord's table! It is your own mystery that you are receiving! You are saying "Amen" to what you are: your response is a personal signature, affirming your faith. When you hear "The body of Christ", you reply "Amen." Be a member of Christ's body, then, so that your "Amen" may ring true! But what role does the bread play? We have no theory of our own to propose here; listen, instead, to what Paul says about this sacrament: "The bread is one, and we, though many, are one body." [1 Cor. 10.17] Understand and rejoice: unity, truth, faithfulness, love. "One bread," he says. What is this one bread? Is it not the "one body," formed from many? Remember: bread doesn't come from a single grain, but from many.

Listen, at your Baptism, when you received exorcism, you were "ground." When you were baptized, you were "leavened." When you received the fire of the Holy Spirit, you were "baked." Be what you see; receive what you are. This is what Paul is saying about the bread. So too, what we are to understand about the cup is similar and requires little explanation. In the visible object of bread, many grains are gathered into one just as the faithful (so Scripture says) form "a single heart and mind in God" [Acts 4.32].

And so it is with the wine. Remember, friends, how wine is made. Individual grapes hang together in a bunch, but the juice from them all is mingled and poured into the one cup. This is the image chosen by Christ our Lord to show how, at his own table, the mystery of our unity and peace is solemnly consecrated. Any who receives the sacrament of unity, and does not hold the bond of peace, do not receive the sacrament for their benefit, but a testimony against themselves. So let us give God our sincere and deepest gratitude, and, as far as human weakness will permit, let us turn to the Lord with pure hearts.

With all our strength, let us seek God's mercy, for then the Divine Goodness will surely hear our prayers. God's power will drive the Evil One from our acts and thoughts; it will deepen our faith, govern our minds, grant us holy thoughts, and lead us, finally, to share the divine happiness through God's own son Jesus Christ. Amen!

## **THINGS YOU SHOULD KNOW ABOUT THE PARISH**

### **Mass Count 2024**

Every year during the month of May the Archdiocese asks each Parish to undertake a count of all those who attend Sunday Mass. Each Sunday our noble company of Collectors have countered everyone at each Mass. Have you noticed?

I would like to thank them for their care with this annual, valued task.

So the count is in. The average total Sunday Mass attendance for May was 519. In 2023 it was 450.

Several years ago I spent some time in a small monastic community in Ireland. There were six monks in the community. Every day they would pray, "for an increase in numbers and depth." While they were realistic in asking the Holy Spirit to inspire vocations to join the monastic life, they were not simply praying for numbers but praying that however many monks there were, each would grow in depth of commitment and grace. Can that be our prayer too?

### **Preparing for First Eucharist**

It is most appropriate that on the Feast of the Body and Blood of the Lord, the young people of the Parish preparing to receive their First Eucharist should be present, to ask the parish to pray for them as they set on this journey to the Lord's Table for the first time. We welcome them and their parents and remember in our prayer also their teachers and Catechist who will be helping to prepare them. Do you remember your First Communion Day?

### **Caring for our Sunday Assembly**

Over the last two Saturdays a significant group have been undergoing a First Aid Course and training in the use of the Defibrillator. We now have two Defibrillator units – one on the Parish Centre and one in the Church Gathering Space.

I would like to thank Liam Daniels for all the care he took in organizing the training, the BAZINGA Social Night and the generosity of donors that enabled the training to be funded and providing for the Defibrillator Units.

For those who participated in the training sessions, you can collect your Training Certificate either at Mass on Sunday or at the Office during the week. Office Hours are Monday – Thursday 9.00am – 1.00pm and Friday 9.00am – 5.00pm.

A creative commitment to empowering parishioners to care for the community and grow themselves. Many thanks to all. Fr Denis

### **St Vincent de Paul Special Collection**

We welcome a member of our local SVDP Conference who will speak at each of the Masses this weekend, supporting the Vinnies Winter Appeal.

We also thank them for the morning tea that they will provide after the 8.30am Mass.

Please stay and share some hospitality.

### **Feast of Sacred Heart**

Will be celebrated on **Friday 7th June**. All are invited to attend 9.30am Mass with St Anne's School, followed by the Exposition of the Blessed Sacrament, Rosary and Prayer. Fr Denis Stanley

### **Clergy Conference**

For your information. Between **Monday 10th – 14th June**, Deacon Stephen and I will be attending the annual Melbourne Clergy Conference. This is an opportunity for prayer, study and reflection for nearly all the priests and deacons of Melbourne with the Archbishop. Weekday Mass will continue uninterrupted.

We joyfully welcome the following children who will be baptised in our parish this weekend:

Isaac & Luca BARBOUR, Eddie HIBBERD



### **Osprey Sacrament of Reconciliation 2024**

An Information and Registration Evening will be held for those students attending government schools, on **Monday 3 June** at 6.30pm in the Parish Centre. All those interested in this sacrament need to attend this evening.

### **Notice To All Men**

The Knights of the Southern Cross are sponsoring a "MENS BREAKFAST" on Saturday 22nd June in St Annes Parish Centre commencing at 8.30 am. We are fortunate to have Associate Professor Dr. Chris Hogan to give a presentation on MEN, S HEALTH. Your life is in your hands so do not miss this opportunity to learn how to keep yourself from the surgeons knife. Please phone or text John Stafford on 0411 151 663 to book your attendance, admission fee \$10-00, limited seating available.

### **Knights of the Southern Cross**

Next meeting - **Friday 7 June**, 10.15 in the Parish Centre Meeting Room.

### **Parish Bingo**

Our weekly Parish bingo session "Major Bingo" continues every Thursday at Sunbury Bowling Club eyes down at 7.30pm. \$1000 guaranteed last game prize. To reserve a place come along any Thursday and pay a deposit. Get a few friends together and come along and join in the fun whilst supporting your Parish -you will be made most welcome. Enquiries to Gary 0419 301760 or Graeme 0417 503 527.

### **Thanks giving envelopes**

If anyone needs help or advice about this change please speak with Glenn Morris, from the Finance Committee. Please note you can continue to provide cash on the collection plates.

Direct Debit Forms, I each for Church Account and Presbytery Account will be available from the Parish Office or the Sacristy. Thank you. Fr. Denis Stanley PP

### **Evergreens**

Will be going to the Immigration Museum on the 11th June. Call Joe on 0477677248 for info and transport.

### **From the Parish Coordinating Team (PCT)**

**June 5th is World Environment Day**, the theme of which is biodiversity. One of the themes of our parish is Caring for Creation. A practical way to celebrate our care for God's Creation could be to help our bees, including our native ones. Populations are dwindling all over the world; we need them for pollination and fertilization of many of our food plants, our pleasure in flowers and for our honey industry. Plant some bee-friendly flora such as lavender, daisies, nasturtium and bottlebrush, or be inspired by the beautiful new plantings around St Anne's Church thanks to Joe.

**Thanks to Andrew and Jodie** trainers from Emergency Solutions Propriety Ltd. and coordinator Liam, we now have 16 parishioners trained in the use of the two new defibrillators. A huge blessing.

**Have you got a good idea for the parish?** Or an issue with something that's not quite right? Why not use a Continuous Improvement Form from the Welcome Desk in the church foyer to let us know how your PCT can possibly address these things.