



**OUR LADY OF MOUNT CARMEL PARISH**  
**BULLA CLARKEFIELD DIGGERS REST SUNBURY WILDWOOD**  
**ON WURUNDJERI COUNTRY**

We acknowledge the Traditional Owners of the land and pay our respects to Elders  
past and present.



Parish Office: 101 Riddell Road Sunbury 3429 T: 9744 1060 Office Hours: Mon - Thur 9am -1pm Fri 9am - 5pm After Hours: 9740 6503

Newsletters are available on the parish website - [olmcsunbury.com](http://olmcsunbury.com)

Our parish is committed to the Safety, Wellbeing and Dignity of all, including children and vulnerable adults.

Email: [Sunbury@cam.org.au](mailto:Sunbury@cam.org.au)

**LITURGY TIMES: AT ST ANNE'S CHURCH**

**Saturday** 5.30pm - Vigil Mass  
**Sunday** 8.30am - Sunday Mass  
10.30am - Sunday Mass  
11.45am - Baptism  
**Wednesday** 9.30am - Mass - Guardian Angel  
**Thursday** 9.30am - Mass  
**Friday** 9.30am - Mass - Francis of Assisi

**RECONCILIATION**

**Saturday** 10am - 10.30am St Anne's Church

**Parish Priest:** Rev Denis Stanley  
**Assistant Priest:** Rev Jossy Kizhakkethalackal  
**Deacon:** Rev Stephen Fernandes  
**Pastoral Assoc:** Sr Jose Noy RSJ  
**Safeguarding Officer:**  
**St Anne's School:** 8746 6800  
**Principal:**  
**Our Lady of Mount Carmel School:** 9740 7344  
**Principal:** Julie Freeman  
**Holy Trinity School:** 8746 6464  
**Principal:** Krystine Hocking

**29 SEPTEMBER 2024**

**26th Sunday in Ordinary Time**

**First Reading:** Numbers 11:25-29  
**Psalms Response:** Ps 18:8. 10. 12-14. R. v.9  
**Second Reading:** James 5:1-6  
**Gospel Acclamation:** See John 17:17

Alleluia, alleluia!

Your word, O Lord, is truth: make us holy in the  
truth  
Alleluia!

**Gospel:** Mark 9:38-43. 45. 47-48

**LET US PRAY FOR**

**Sick:** Agatha CHAVES, George DOWLING,  
Paul FANNING, Caleb FARIA, Cesar GABALES,  
Mary KLOSS, Margaret MAGRI,  
Diana MASTRAMICO, Anastasia MORTER,  
Emilia POTROVSKY, Karen RANKIN,  
Maria RODDA, Derick STEWART,  
Dawn WESTWOOD, Air WILKINSON,  
Daniel ZAMMIT

**Recently Deceased:** Gail O' BRIEN

**Parish Vision:** Christlike relationships of friendship and faith, valuing one another and sharing our gifts for the good of all.

**The Inside Story**

You and I, we have an exterior aspect, of course. But we also have an interior one. This seems to be the key to this Sunday's Gospel.

Our *exterior* is what we often make use of to interact in a daily fashion with everything and everybody, without thinking about it. This is our outside. Acting from it, we may come across to others as, e.g., decisive or fun-loving or threatening or shy or easy to talk to, or who knows what else. It is how we make our way through the day in a busy world, or even in a non-busy time (e.g., reserved for watching TV, drinking beer, staying busy all the time, and so on).

We can find clues to our *interior* self in a calm time, such as we find at a quiet lake or at the sight of a budding tree or in the company of a much-loved friend. Stillness then emerges, a hushed sense of well-being. This deep interior is where feelings and thoughts can be themselves, can be just as happy or as sad as they feel like being.

The Spirit of God chooses to dwell in these interior depths. Not because there is something wrong with the outside, but because the deep interior is where we are made in God's image. There we are quietly open, desiring to give real love to other people and to receive it. And, if we knew it, to and from God.

The exterior sometimes dwells its life in storm, sometimes in sunlight. It is able at times to out-shout the inside! I want food. I want revenge. I am grumpy. I got three hours of sleep last night, give me rest. Give me pleasure. Give me triumph. I want everything. Give me!

Fine, but what if you get all these demands? What if you gain the whole world but in the process lose your very self?

You and I do get caught up in gaining external things. For instance, in Luke Chapter 12 Jesus points out this tendency. He says something like this:

*You have built still another barn to hold your riches! But this very night God will ask your actual soul of you, and what will you take with you? Your riches? No. The way you look? No. Your interior self is all that can come with you when you die. God dwells in that inner self, in the quiet recesses of your being.*

Today's Gospel does not receive well those who lead others away from their interior. Jesus says how he might react to anyone who teaches children in such a way.

*Whoever causes sin in one of these little ones who believe in me, it would be better if a great millstone were put around his neck and he were thrown into the sea.*

Maybe you were taught in this way. But do you really now want to ignore such a crucial part of yourself, while there is still time to find it? Why not let your inner self have a chance, as Jesus suggests.

How?

Spend some time in quiet each day. Have the heart to give a cup of water to someone thirsty. Be alert for the Spirit within other persons and respect them for it. Even if you do not like them.

You will be following Sunday's Gospel!

John Foley, SJ

### **Congratulations - New Principal St Anne's School**

It is with pleasure I announce that Stephen Arthurson is the new Principal of St Anne's School. Stephen has been a steady presence at the school for many years as Vice Principal and is a well known figure. Please join me in extending congratulations to Stephen.

### **There was movement at the station ... a change to Parish life**

This week I received a request from the Vicar General's Office that due to the sudden and unexpected illness of the Parish Priest of Kilmore, Fr Jossy has been asked to care for the Kilmore Parish with its 3 churches, from 21st September to 22nd October. This is an interim appointment until the situation clarifies itself. However, as you may recall, Fr Jossy was appointed to Sunbury for twelve months, to assist when I was suddenly appointed as Administrator of Gisborne, our neighbouring Parish. Given the frailty of human nature - we pray for Fr Prakash the PP of Kilmore and its parishioners - and the shortage of priests these kinds of situations do arise.

We wish Fr Jossy well as he steps into the pastoral care of Kilmore Parish.

Fr Denis Stanley

### **Parish Census - 2025**

Over the next three weeks, we invite each member of our parish to participate in our census process. By completing the census form, which will be made available during Mass from next week, we can register the number of our parish members and better understand the needs of our community.

Data from this census will also enable the parish to strategically plan for important events, ministries, and other future endeavours. Your privacy is essential, and all information will be treated with confidentiality. If you have any queries regarding the census, please contact the Project Leader, Dwain Lemaire on 0417 406 996 or email [dwain.lemaire@outlook.com](mailto:dwain.lemaire@outlook.com). Thank you.

### **Parish Safeguarding Officer - We Want You!**

The Parish is looking for a new Safeguarding Officer to lead our small, but dynamic Safeguarding Committee. The role involves preparing and chairing monthly meetings, liaising with the Parish Priest, Parish Office, other groups within the Parish and the Archdiocese to ensure that the Parish is compliant in the vital work of ensuring safety for our children and vulnerable adults. Of course you will need a valid Working with Children Check.

Please contact Fr Denis through the Parish Office if you are passionate about safeguarding our most vulnerable.



### **Safeguarding Policies - We would like to hear from you**

The latest Safeguarding Policies are now available on the OLMC website. The Parish Safeguarding Committee are keen to receive feedback on the policies and how we can better implement them to have a greater impact in our Parish. Please scan the QR code below to get started. Thank you!

### **St Annes Church Cleaners.**

Each week, at times to fit in with their own commitments, small teams of Parish Volunteers come into St Anne's Church. They come in all shapes, sizes and ages. They vacuum and dust the whole church and lightly mop the Sanctuary Area. Each team cleans once during a fortnight and tends to be rostered once every 12 weeks. Thanks greatly to them for their commitment. If you would like to join the team and help maintain our house of worship please call Michael 0417332186



We joyfully welcome the following children who will be baptized in our parish: Luca Cross and Oscar & Harvey Sloan, Angus, Isla & Elsie Campelj and Bohdi Brzazelis

**Altar Servers** - Develop and grow their teamwork skills ... Join the team - enquiries - Michael: 0417 332 186

### **Religious Shop.**

**The Light: Advent and Christmas Daily Reflections 2024**—a comprehensive 88-page book of daily reflections designed to deepen your spiritual journey. Flyer on board **Order yours NOW at Religious shop @ \$7-00** Last chance

We are taking orders for **"God's Word 2025" ASAP**. We have several new items Statues, Rosary beads as gifts, bracelets and beautiful religious cards.

**Missals, Book "After Suicide there is hope for them and you. By Fr. Chris Alar". We sold 5 books, You are Not alone. Thanks** to all who donated the preloved items to be enjoyed again. Inquiries at shop or Joe on 0477 677 248

**The Legion of Mary** meets every Tuesday at 10am at St Anne's Church.

### **March for the Babies**

Come and show your support for the unborn. Join the March for the Babies on Saturday, **12th October, 2024 at 12.30pm** in the Treasury Gardens, Cnr Spring & Wellington Pde. Wear blue or pink. Catch the train to Parliament Station and walk down to the Treasury Gardens

### **Canonisation of St Thérèse of Lisieux**

To celebrate the upcoming centenary of the canonisation of St Thérèse of Lisieux, the Discalced Carmelite Secular Order, Melbourne is pleased to present **"Holiness for All** – an exhibition on the life and spirituality of St Thérèse". The exhibition will be launched at 12.15pm in St Patrick's Cathedral, East Melbourne, on St Thérèse's feast day – **Tuesday, 1 October 2024**. There will be prayers and reflections followed by Mass at 1pm at the Cathedral. The exhibition will remain on display throughout October. **All are welcome!**

### **From your Parish Coordinating Team**

1. **The Season for Creation** draws to an end on the feast of St Francis (4th October). Perhaps we can reflect on whether we have thought a little more on how our actions impact on all of God's Creation. Here's an idea - October is **Buy-Nothing-New Month**. All I need to ask is:

Do I really need it?  
If I do, can I get it second-hand, or rent it?  
Can I borrow from a friend  
Can I swap with my neighbour?  
What are my alternatives?

**October is literally about taking one month off to really think how I am using Earth's resources.**

2. **Parish Groups** Following resignations, new members of the PCT have been assigned, and some existing PCT members reassigned, as the contact people between parish groups and the PCT. Parish groups, you can expect to hear from your PCT contact person shortly.

### **A Special Morning Tea**

On 6th October we have arranged a special Morning Tea to thank and acknowledge Karen Morris and Lyn Plummer who have retired after many years of service to our Parish.

We will also have the opportunity to thank and honour Della Oswald, who is able to join us for the day, for her love and dedication to our Parish and the wider Sunbury Community.

Morning Tea will be held in the St Anne's foyer between 8:30 and 10:30 Masses. You are warmly invited to join us and if you are able, perhaps you would like to bring a plate of food to share.