

LENTERA ANAK PELANGI Newsletter

Issue No. Q1 .2025 (January – March 2025)



Lentera Anak Pelangi

LIMA be^{as}
tahun melayani dengan hati

NEW!

2025

Aligned with our theme, we are introducing:

“Peduli Sobat”
initiative.

Peduli Sobat aims to increase the sense of belonging and ownership to the LAP communities, which were created for them:

- Peer group caregivers, est. 2012
- Peer group children, est. 2013
- Peer group teens, est. 2022

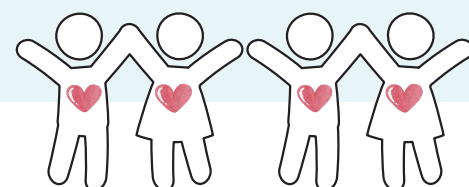
COMMUNITY EMPOWERMENT: “STAY STRONG TOGETHER, KEEP HOPE ALIVE”

We kicked off 2025 with an uplifting theme to empower our community: Stay Strong Together, Keep Hope Alive”. We chose this theme to highlight the journeys of our beneficiaries and their families.



We are very proud of our caregivers, children and adolescents who, despite the challenges, continue to be positive and inspiring.

257 BENEFICIARIES & FAMILIES... AND COUNTING... OUR EFFORTS CONTINUE... ONE CHILD AT A TIME



Contact us on:



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What's Exciting!!!

Introducing Peduli Sobat: Empowering Peer Support!

A strong peer support group (KDS) starts with sense of belonging and caring for each other! That's why we introduce **Peduli Sobat**. An initiative to involve caregivers, adolescents, even children to step up and learn to lead mini groups within the different Peer Groups. Through Peduli Sobat, LAP empowers the peer communities to be the extension of LAP's outreach in caring and supporting each other,

Coupled with training and mentored by LAP Psychosocial team, group leaders will learn how to facilitate smaller groups, strengthen communication and connections, and most importantly supporting members in need.

LET'S BUILD A STRONGER, MORE SUPPORTIVE COMMUNITY! 💙 ✨

NEW!



Teen Talk: Safe Guarding & Reproductive Health

LAP currently has 100+ beneficiaries who are adolescents.

It is time that we equipped our teens with **"Safe Guarding: Privacy on Social Media, Risky Behaviors, and Reproductive Health"** so they can make safe, informed decisions about their lives.

In collaboration with medical student volunteer @CIMSA, we discussed hot topics:

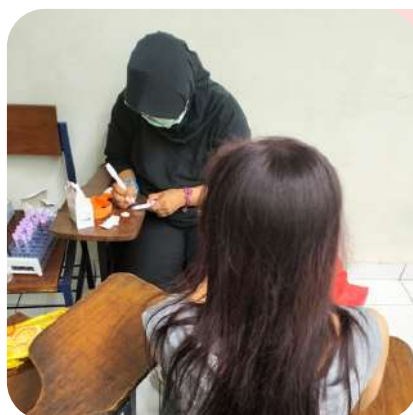
- Safeguarding from social and other digital media
- Risky behaviors and your decisions
- Understanding puberty: physical, hormonal, and emotional changes
- Reproductive health and healthy relationships
- Sexually transmitted diseases (STDs)



HEPATITIS B AWARENESS & PREVENTION!!!

At this event, **Yayasan Hati Peduli Bangsa** provided Hepatitis B (HBsAg) screening to 24 adolescents.

Hepatitis B vaccination will be provided for teens as a follow up initiative.



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What's Next???



GENTA PRO #BATCH 2 IS BACK! 🎮

Genta Pro (Generasi Tangguh, Aktif, dan Produktif)

This 6 month leadership program helps adolescents know themselves better, build confidence, find their voice and passion, and develop leadership skills through monthly in-person sessions. Genta Pro focuses on personal growth and empowerment; it becomes an important foundation in shaping young leaders. A total of 10 teens: 4 girls and 6 boys participate in this program

What do they learn?

- Get to know yourself
- Self-concept
- How to manage emotions
- The importance of critical thinking in decision making
- Benefits and tips for creative thinking
- Ways to overcome and manage stress

A heartfelt thank you to **Werkgroep'72** for sponsoring this program💙



GENTA PRO 2.0
February 16th, 2025

THANK YOU,

peer
Champion



Peer Champion: A Meaningful Five-Month Journey!

Time flies! Three inspiring teens have completed LAP's first Peer Champion program (September 2024–February 2025). For five months, they learned how to provide assistance and peer support at hospitals, making hospital visit a more youth friendly experience for others.

This opportunity was an eye opener for them; they were able to reflect on their lives as they assisted other teens, children and families.

For our 3 adolescents, Peer Champion is more than just a training program –it's an up lifting journey filled with valuable life experiences, meaningful impacts. Keep your hope high and may the light in you sparks brighter ✨

Thank you to our Peer Champions, LAP team, and the **Merck Family Foundation** for making this program possible! 💙

to know more about LAP and our teens,
please follow our instagram!

@ Intranakpelangi

@ tim_remajasantuy

FOLLOW



LAP Story: When Seeking Care Leads to Stigma – Mama Ian's Story

Mama Ian never thought seeking help for her husband would lead to her entire family facing even greater stigma.

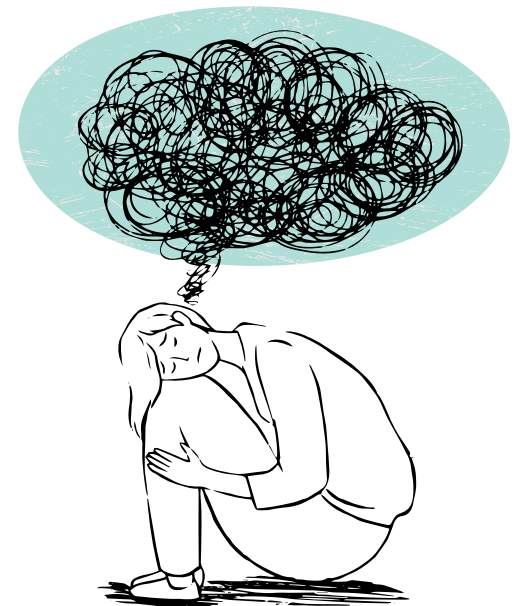
At first, she just needed help taking her husband, who has a mental health condition, to get medical care. Trusting a community social worker, she hoped for support. But instead of just helping her husband, the social worker exposed their family's HIV status without their consent. Soon, whispers spread, and stigma followed 😞

Even worse, they couldn't even run their small business or step outside without judgment and rejection. The life they once knew was taken from them.

Stigma and discrimination have taken everything from Mama Ian and her family—but **together, we can stand with them!**

Your donation provides support, ensuring they don't have to struggle alone!

DONATE NOW AND BE A PART OF THE CHANGE!



**BREAK
THE
STIGMA**

Celebrate Eid by Sharing Joy! 🌙✨



This year, **Lentera Anak Pelangi (LAP)** aims to support **150 families** by providing shopping vouchers worth **Rp200.000,- per family**. These vouchers will allow them to purchase essential groceries and daily necessities, making their Eid celebration more meaningful!

How can You Help?

📍 **Donate your money to:**
Yayasan Lentera Anak Pelangi
Panin Bank 0622021374
Switch Code: PINBIDJA
KCP Harmoni, Jakarta
Transfer Note: Voucher Lebaran LAP
Unique Code: 146 (example transfer: Rp200,146)

Every contribution, big or small, makes a difference! Let's make this Eid special for everyone! 🌟

For more information, feel free to contact us via WhatsApp: 0811-1525-888

LENTERA ANAK PELANGI

Thank You



Lentera Anak Pelangi

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LAP Bank Account

Yayasan Lentera Anak Pelangi

Panin Bank

Account #: 0622021374

Switch Code: PINBIDJA



Upcoming Activities:

- March:
 - March 16th: Gentapro #Batch 2 2nd Session
 - March 22nd: Peer Support Group Caregiver
 - March 23rd: Peer Support Group Adolescents
- April:
 - April 19th: Peer Support Group for Caregivers with special need Children
 - April 20th: Peer Support Group for Children (LAP School)
 - April 27th: Gentapro #Batch 2 3rd Session and Peer Support Group Adolescents (in person activities)
- May:
 - 3, 18 May: Job Readinnes for Adolescents
 - May 24th: Peer Support Group Adolescents
 - May 25th: Peer Support Group for Caregiver



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PLEASE PROTECT THE CONFIDENTIALITY OF OUR CHILDREN

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