



OUR LADY OF MOUNT CARMEL PARISH
BULLA CLARKEFIELD DIGGERS REST SUNBURY WILDWOOD
ON WURUNDJERI COUNTRY

We acknowledge the Traditional Owners of the land and pay our respects to Elders
past and present.



Parish Office: 101 Riddell Road Sunbury 3429 **T:** 9744 1060 **Office Hours:** Mon - Thur 9am -1pm Fri 9am - 5pm **After Hours:** 9740 6503

Newsletters are available on the parish website
Olmcsunbury.com

Our parish is committed to the Safety,
Wellbeing and Dignity of all, including children
and vulnerable adults.

Email: Sunbury@cam.org.au

LITURGY TIMES: AT ST ANNE'S CHURCH

Saturday	5.30pm - Vigil Mass
Sunday	8.30am - Sunday Mass
	10.30am - Sunday Mass
	11.45am - Baptism
Wednesday	9.30am - Mass
Thursday	9.30am - Mass
Friday	9.30am - Mass - Sacred Heart of Jesus

RECONCILIATION

Saturday 10am - 10.30am St Anne's Church

Parish Priest: Rev Denis Stanley
Deacon: Rev Stephen Fernandes

Safeguarding Officer: Deon Armstrong

St Anne's School: 8746 6800
Principal: Stephen Arthursen

Our Lady of Mount Carmel School: 9740 7344
Principal: Julie Freeman

Holy Trinity School: 8746 6464
Principal: Krystine Hocking

22 June 2025

The Most Holy Body and Blood of Christ - Year C

First Reading: Genesis 14:18-20
Psalm Response: Ps 109:1-4. R. v.4
Second Reading: 1 Corinthians 11:23-26
Gospel Acclamation: John 6:51-52

Alleluia, Alleluia!

I am the living bread from heaven, says the Lord;
Whoever eats this bread will live for ever.
Alleluia!

Gospel: Luke 9:11-17

LET US PRAY FOR

Sick: Mary BORG, Jaclyn DEBENHAM
Penny CLARKE, Jesulin CABRAL,
Agatha CHAVES, Caleb FARIA,
Charles FIGUEREDO, Samford FIGUEREDO,
Cesar GABALES, Charles HABER,
Margaret MAGRI, Sharon MAMO,
Diana MASTRAMICO, Tom MOWAT, Brian MUNDY,
Emilia POTROVSKY, Amanda REBELLO,
Lynne SIMPSON, Derick STEWART,
Marcus TAYLOR, Dezirah TUIMAUGA,
Delicia VILLELA, Air WILKINSON, Daniel ZAMMIT

Recently Deceased: Rosa CACCAMO, Paula QUIMSON

Anniversaries: Mario CHRUL, Margot RILEY

Parish Vision: Christlike relationships of friendship and faith, valuing one another and sharing our gifts for the good of all.

The Most Holy Body and Blood of Christ

Bread and Wine are the staples of the life of faith. They are also, simply, staples of life. As staples of life, they signify good living, the celebration of abundance. As staples of faith life, they signify strangely, by being sacrificed, offered to God in thanksgiving, as the crown of abundance, the celebration of God's faithfulness.

Bread means sustenance; wine means celebration, a movement beyond mere survival into the surplus of festival. Grain and grape are transformed through human activity into life-giving (bread) and life-celebrating (wine) elements. And when these staples of life are brought to God, he catches them up into an all-new level of life. Let's now call it divine life. So human life is completed by surplus, by moving beyond itself, first from survival to celebration, and then, by carrying up that movement onto the plane of the ultimate, into sharing in the divine life God made us for and calls us to.

Of course, I'm talking about what happens at the altar, the table of feasting that joins heaven and earth, unites God and humanity. Incredibly, our understanding of bread and wine goes back to the origins of faith, to the life of Abraham.

This week's first reading is the first place, in fact, that bread and wine appear in Scripture. Melchizedek, whom Abraham gives a tenth of his surplus and who brings out bread and wine, is a priest-king of Salem (the future Jerusalem), who serves "God Most High." Abraham recognises the God of this priest-king as the very God who called him out of Babylon and who made the extraordinary promise that his family line would carry forward God's own purpose to bless all nations.

It's a strange story. Who is this priest-king? Why does Abraham give him a tithe? What's up with the bread and wine? Melchizedek sticks out like a sore thumb. But he is never heard of again in the story. He is, however, linked to David in Psalm 110, fittingly used as the Responsorial Psalm today. And the letter to the Hebrews in the New Testament has an entire chapter linking Melchizedek to Christ.

Given the prominent place of bread and wine in the farming and liturgical life of ancient Israel, it seems like this episode with Abraham (like so much in his story) is meant to be a beginning for all that is to unfold in his descendants' story. The bread and wine of Melchizedek are only fully understood at the altar of Jesus Christ, where that promise to Abraham, carried forward through the old sacrificial system, is realised in all its fullness for us today.

W Chris Hackett
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PIETY STALL: Bible Gift Edition Deluxe Red in leather, Children's Missal White, **Pope Francis Gift Boxed Rosary Beads, made in Italy by Ghirelli \$23** Mary Help of Christians Rosary beads, made in Italy by Ghirelli \$25 **NOW IN SHOP. Framed Pictures** 21 cm by 29.7 cm \$12. Large 30 cm x 42 cm. Key rings, Car Medals, Rosary beads/ Bracelets/ rings as gifts, medals. Inquiries at shop, orders taken or Joe Spiteri on 0477 677 248.

Book, Understanding the Sacraments - Fr. Chris Alar Why do we baptize infants? Where is Confession in the Bible? Is my marriage valid? And many more. **Please order NOW**

SUNBURY EVERGREENS

The Evergreens Social afternoon **Tuesday 24th June 2025** at 12-00pm. At St Anne Hall (behind the church). A nice cup of tea with biscuits supplied. The Evergreens is FREE for all Seniors over 60, Come and join us for a chat and enjoy. We love to see you. Call Joe Spiteri on 0477 677 248 for info and transport.

CALL FOR VOLUNTEERS – Parish Social Gathering Planning

We are preparing for our 2nd Annual "Connect and Share – Together Again" Social Gathering with a **dinner dance on Saturday, 5th July** and are looking for enthusiastic volunteers to join the OLMC Social Committee. If you would like to help with planning, promoting, ticket sales, setup, or assisting on the day, **please contact Garnet Jacob - 0411 286 428**. Let's come together to build a stronger, more connected parish community!

MenAlive Follow-Up Gathering – Saturday, June 28 at 10 AM at 37 Macedon Street, Sunbury.

Following the great success of the recent MenAlive Retreat — which drew a strong turnout of men from our parish and neighboring communities as far as Bendigo — the MenAlive team will be returning to lead a *Reconnect* session. This gathering is open to all men who attended and those who missed out, offering a chance to reflect, give feedback, and explore how we might continue the journey through small men's groups in our parish.

If you would like to attend, please RSVP by texting Garnet on **0411 286 428**.

Feast of the Sacred Heart of Jesus: 27 June 2025: After 9:30 am Mass on Friday. Exposition of the blessed Sacrament, Legion of Mary Prayers, Rosary, Concluding Prayers & Benediction.

St Anne's Cleaning Team want you! New members always welcome. Please call if you would like to help be of service. Michael 0417 332 186



THE BODY OF THE LORD – CORPUS CHRISTI – THIS SUNDAY JUNE 21st- 22ND

This weekend Church celebrates the feast of Corpus Christi. It a well known and loved festival of the church giving us an opportunity to stop and reflect more deeply upon the gift of the Eucharist.

The Church has faithfully followed the command of Jesus through the two thousand years that separate us from this Last Supper of Jesus with his apostles to our gathering today, as friends of Jesus who will do as he told us – in memory of him. The first Pope St. Leo wrote, "*what was visible in our Savior has passed over into his mysteries*" In other words, everything that Christ did to reconcile us to God — his suffering, death, resurrection, and ascension — has passed over to the sacraments. In the Eucharist is Jesus' power and presence. Through the working of the Holy Spirit, his suffering, death and resurrection affect, bless and transform our lives today. Our own life becomes life-enhancing and lifegiving for the society and the communities in which we are called to live out our baptismal vocation.

To mark this festival before the 5.30pm Vigil Mass and between the 8.30am and 10.30am Masses there will be the Exposition of the Blessed Sacrament – a time of silent prayer and simply being in the presence of the Lord to nourish us and the bonds we share as the Body of Christ, the church.

COMMUNION TO THE SICK AND HOUSEBOUND

The Sisters of St Joseph have left us a great legacy of visiting parishioners in their homes and bringing them Holy Communion. We remember the presence of Sr Jose. As we farewell their presence amongst us we are invited to take up their ministry as indeed some of us do.

If you know of any family, friends or neighbours who need a visit in their homes and perhaps to receive Holy Communion, please leave a message with the Parish Office or let Fr Denis or Deacon Stephen know.

We also need some more dedicated volunteers to take up this ministry. You may consider taking Holy Communion to someone in your family or volunteer to bring the Eucharist to a parishioner. The parish can provide some formation for this ministry. Please note that those who are taking Holy Communion to a person other than a family member will need a Working with Children Check and a Police Check that the parish can help in obtaining for you. Thank you to all those who are or have in the past taken up this important ministry of prayer and presence and have found that there is much mutual joy in serving in this way. Please let Fr Denis or the Parish Office if you are ready to assist. **Thankyou.**

Historical Committee will meet at 10:30am on Monday, 23 June 2025 in St Anne's Church. All are welcome.

FOR YOUR DIARY: 13 July 2025 - Thank you & Farewell to the Sisters of St Joseph & Sr Jose

10:30am Mass at St Anne's Church

11:45am onwards: Gathering in the Parish Centre

12 - 3pm: Convent will be open for a tour

3pm: Formal liturgical closing of the Convent

THE SUNBURY CONFERENCE OF ST VINCENT DE PAUL, would like to thank and praise the parishioners of Our Lady of Mt Carmel for their generous contribution to the SVDP Winter Appeal. The amount raised was \$1551.95. We would also like to let people know that we are there to help, not to judge. So if you know anyone that you feel may need help, no matter how small, please encourage them to call 1800 305 330. Once again thank you to all!

LAP FUNDRAISING COLLECTION

Just a gentle reminder – Our next fundraising collection will be at all Masses in two weeks on the **5th/6th July**. Your contribution will again help the LAP team in Jakarta provide essential nutrition and other support to over 250 needy children living with HIV. Thank you for your generous support which has helped LAP increase the number of children they support by almost 100 in the past year. We look forward to sharing morning tea with you after the 8:30 Mass.

Thank you. OLMC LAP Fundraising Team.

FROM YOUR PARISH COORDINATING TEAM (PCT)

1. Make up a party and get along to the parish **DINNER DANCE Saturday 5th July** that will bring all three of our mass-going congregations together from 6.00 – 9.00 pm in the Parish Hall. Adults \$20. Youngsters (6-12) \$10. Ring 0411 286 428 to register. Collect and pay for tickets in the foyer after every Mass this weekend from the ticket sellers in high viz in the foyer. Ticket sales will support programmes currently offering hospitality to about a dozen vulnerable people in Sunbury. If you'd like to join the planning team, please ring 0411 286 428. Can you donate a raffle prize? The donations' collecting box is in the church foyer.

2. **VIBRANT PARISH SERIES** July Session **Fellowship Hospitality: Transformation for host and guest. What does it mean to welcome others?** Wednesday 2nd July. At Club Italia, 128-132 Furlong Rd, Sunshine, 6.30 – 9pm. Cost \$15 pp. Book online. Google Vibrant Parishes which leads you to TRY BOOKING.

- Fr Chris Monaghan CP will explore moments of hospitality in sacred scripture, and how we welcome guests into our midst.
- A practical workshop will equip participants with tools to initiate meaningful conversations with newcomers, responding to the call to 'cultivate hospitality' (Romans 12:13).

3. **BLESSINGS** on organiser, Garnet, on the teams he gathered and on all 45 participants on the success of the **MenAlive retreat** last weekend. From all accounts it was a wonderfully spiritual time. Praise and thanks to you, Dear Lord.

Greetings, fellow parishioners.

As many of you know, a small group of people have been running bingo on behalf of the parish for more than 30 years. From humble beginnings at OLMC school, 'Major Bingo' has grown into the premier bingo event in Sunbury, averaging 110 to 120 players each Thursday evening.

In 2020, we made a calculated decision to change venues from the Social Club at Sunbury Football Club to Club Sunbury at Sunbury Bowling Club. This move has enabled the bingo group to provide much greater financial support to the parish; it is fair to say that the income from bingo has sustained the parish financially over the past few years. And this has been achieved quietly and seamlessly by just 6 people.

However, we now find ourselves needing assistance from the parish. Recently, due to changed circumstances, one of our number has ceased his assistance at bingo and that reduces us to 5 persons. While we can continue with just 5 helpers, that does not take into account our own personal needs, such as holidays, family commitments or illness. It is difficult to run bingo with just 4 volunteers and almost impossible with only 3. And we are not getting any younger; with an average age over 70, it is time to bring in new, and hopefully, younger volunteers.

Therefore, we are looking for an additional 1 or 2 helpers to bolster our numbers. The work is not difficult and the atmosphere is very friendly. There is no requirement that you 'call the numbers' if you are apprehensive about that – there are many simple tasks which contribute to a successful evening and you will be well supported in the learning phase.

Club Sunbury is a welcoming venue and they are pleased to have bingo played there each week.

Generally, the bingo group meets at about 5pm for an informal dinner, tickets are sold from 6:30 and 'eyes down' commences at 7:30. We aim to finish playing at 10:15, after which we enjoy a short 'wrap-up' of the evening's events.

So, what are the attributes for a bingo volunteer? Most importantly, we recognise that, as well as supporting the parish financially, we are providing an important social gathering for our players. For many of them, playing bingo is their main, or only, social activity and we try to provide a warm and interactive environment. We find the time to chat with players and ensure that, above all, they enjoy the evening.

We would be grateful if you would consider helping us. If you think that you might be able to assist us or would like more information, please contact Gary Plummer (0419 301 760) or Peter Rush (0418 148 586).

Thank you.