



**OUR LADY OF MOUNT CARMEL PARISH
BULLA CLARKEFIELD DIGGERS REST SUNBURY WILDWOOD
ON WURUNDJERI COUNTRY**

We acknowledge the Traditional Owners of the land and pay our respects to Elders, past and present.

Parish Office: 101 Riddell Road Sunbury 3429 **T:** 9744 1060 **Office Hours:** Mon - Thur 9am -1pm Fri 9am - 5pm
After Hours: 9740 6503



Newsletters are available on the parish website

[Olmcsunbury.com](http://olmcsubury.com)

Our parish is committed to the Safety, Wellbeing and Dignity of all, including children and vulnerable adults.

Email: Sunbury@cam.org.au
<https://melbournecatholic.org>

LITURGY TIMES: AT ST ANNE'S CHURCH

Saturday	5:30pm - Vigil Mass
Sunday	8.30am - Sunday Mass
	10:30am - Sunday Mass
	11:45am - Baptism
Wednesday	9:30am - Mass -
Thursday	9:30am - Mass - St Agatha
Funeral	11:00am - Tony Hrkac
Friday	9:30am - Mass - St Paul Miki & Companions
Funeral	2:00pm - George Patrick Goss

RECONCILIATION

Saturday 10am - 10.30am St Anne's Church

Parish Priest: Rev Denis Stanley

Deacon: Rev Stephen Fernandes

Safeguarding Officer: Deon Armstrong

St Anne's School: 8746 6800

Principal: Stephen Arthurson

Our Lady of Mount Carmel

School: 9740 7344

Principal: Julie Freeman

Holy Trinity School: 8746 6464

Principal: Krystine Hocking

01 February 2026

Fourth Sunday in Ordinary Time - Year A

First Reading: Zephaniah 2:3; 3:12-13

Psalm Response: Ps 145:7-10. R. Mt 5:3

Second Reading: 1 Corinthians 1:26-31

Gospel Acclamation Matthew 5:12

Alleluia, Alleluia!

Rejoice and be glad;

Your reward will be great in heaven.

Alleluia!

Gospel: Matthew 5:1-12

LET US PRAY FOR

Sick: Edith BAERA, Mary BORG, Jaclyn DEBENHAM, Jesulin CABRAL, Lloyd D'CRUS, Caleb FARIA, Charles FIGUEREDO, Samford FIGUEREDO, Darcy FISHER, Sr. Cesar GABALES, Charles HABER, Fr. Tony KERIN, Hilda KOVIANIC, Dolores KRUSZYNSKI, Bernie LEONARD, Margaret MAGRI, Lawrence MALLIA, Sharon MAMO, Diana MASTRAMICO, Moya MINTER, Brian MUNDY, Willow O'CALLAGHAN, Steve OWEN, Raymond PARKER, Emilia POTROVSKY, Andy POUNDER, Amanda REBELLO, Juan Carlos RODRIGUEZ-DELLER, Alan STEWART, Lee TAYLOR, Marcus TAYLOR, Delicia VILLELA, Air WILKENSON, & Daniel ZAMMIT

Recently deceased: Melanie ANDABAKA, Agatha CHAVES, David COYTE, George GOSS, Tony HRKAC, Nada ZUDETICH,

Anniversaries: Vincent ALLEN, John COYTE, Jimmy DIMOPOULOS, Elizabeth GATT, Arthur GIGGINS, John GIGGINS, Bert HELLIAR, Mary HURLEY, Michael MORONEY & John Leo O'BRIEN.

Parish Vision: Christlike relationships of friendship and faith, valuing one another and sharing our gifts for the good of all.

The Beatitudes ... A Call to Action

In this liturgical year, Year A, we focus on readings from Matthew's Gospel. Matthew writes towards the end of the first century AD, for a Christian community comprised of Jewish converts. In his gospel, he strives to demonstrate for them how Jesus is the fulfilment of the faith, hopes and promises of their Jewish faith, the fulfilment of all that is in "the law and the prophets" (Mt 5:17).

The reading from Matthew's Gospel is arguably the most famous and oft-quoted of all passages in the New Testament. It is known as The Sermon on the Mount or The Beatitudes (Blessed are they ...). It is Matthew's masterful summary of Jesus' teachings.

The passage follows not long after Matthew's account of Jesus' early public life and the call of the first disciples. Matthew gives a brief description of Jesus' activity: "He went round the whole of Galilee teaching in their synagogues, proclaiming the Good News of the kingdom and curing all kinds of diseases and sickness among the people" (Mt 4:23).

In this one verse, Matthew effectively summarises the ministry of Jesus: teaching and healing. Jesus teaches with extraordinary authority, interpreting the Torah for his Jewish followers, and he heals the sick and afflicted, lifting the burden of suffering. These two dimensions of his ministry – teaching and healing – are inextricably linked and intertwined. His teaching offers healing and his healing expresses his teaching.

Matthew tells us that, on this occasion, Jesus goes up the mountain, draws his disciples to him, and sits down (as Rabbis do) and teaches them. His going up the mountain reminds us of Moses who went up the mountain of Mount Sinai to receive the Ten Commandments. This teaching is as important as that!

"Blessed (i.e., happy, fortunate) are they who . . ." Jesus repeats nine times, each time noting the God-given blessing that is the corresponding reward for those who act in that way. With these Beatitudes, Jesus effectively instructs his disciples on the nature of true holiness and the promise of true happiness. The Beatitudes reflect the merciful and compassionate character of God as revealed by Jesus (and as expressed in the Psalm). And they articulate the attitudes, values and spirit of the way of life we are to live and the way we are to act as Jesus' disciples in our care and concern for each other, our fellow human beings, and indeed all creation.

The list of Beatitudes is not like the list of the Ten Commandments, a definitive list of commands (Thou shalt not . . .). Rather, they are commendations for a way of living, of being in the world, of caring for others, especially the sick, powerless, poor and afflicted.

Our gospel reading challenges us to reflect on our attitudes and values in the light of Jesus' teaching and his compassion for all those in need of healing.

Anne Hunt

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PLEASE SEE THE NOTICE BOARD FOR MORE NOTICES

PARISH BINGO

Our Parish Bingo session (Major Bingo) is back for 2026 - bigger and better than ever. Every Thursday evening, eyes down at 7.30 pm conducted at Sunbury Bowling Club, Ridgell Rd. Guaranteed last game prize of \$1000 every week plus other game prizes of \$150, \$100 & \$60. Bingo lingo Joker raffle., main raffle and lots of fun. The biggest and best Bingo in the district. Get a group of friends together and come along and give it a try. You will be made most welcome. Enquiries to Gary Plummer 0419 301 760.

PIETY STALL

2026 Columban calendars \$ 8. Wearable Rosary beads, Bracelets and Rings. Statues, Medals, Missals and Bibles From \$35. Many NEW items. Quality at cost price. Always happy to order what we DO not have in stock. Please contact/TEXT Joe Spiteri on 0477 677 248.

EVERGREENS

The Evergreens are going to Ian Potter art Gallery on 10 February. Call Joe Spiteri on 0477 677 248 for info and booking.

HISTORICAL COMMITTEE MEETING

Monday 2nd February at 10.30am in the Meeting Room at St Anne's Church. Any interested parishioners most welcome.

EMMAUS CHARISMATIC PRAYER GROUP

The Emmaus Charismatic Prayer Group will resume meeting on Wednesday February 4th at 7.00pm at St. Anne's Church. All welcome. For further information or transport please contact Elaine on 0418 322 596.

KNIGHTS OF THE SOUTHERN CROSS

The next meeting of the Knights of the Southern Cross will be held in the Parish Centre on Wednesday 4 February commencing at 7.30pm.

COMBINED CHURCHES CHORALE

Do you enjoy singing? The Combined Churches chorale invites you to join us on a Monday night 7:30-8:30pm at ST Andrew's Uniting Church. You don't need to be able to read music – just enjoy singing in a group. Further information contact Gwen Hutcheson 0412 547 643

PRAYING FOR OUR SISTERS AND BROTHERS WHO ARE SICK AND THE FRAIL.

A feature of every Parish Bulletin I have ever seen is a list of parishioners who are sick or whose health is frail. Naturally we reach out in loving prayerful concern when friends, family and neighbours are unwell. Those of us who are unwell are on a journey through illness to long term care or recovery or drawing near to the end of life. Our Bulletin Prayer list should reflect this. To make sure that it up to date, I propose that:

* Names offered for the Prayer List remain for no more than the two months.

* Family can contact the Parish Office or speak to the Parish Priest or Deacon at the Liturgy to have the name either removed or kept on the List for a further two months and so let the Parish know how the journey of their illness is progressing. **Denis Stanley, Parish Priest**

We joyfully welcome Georgia & Hugh **SKIDMORE** who will be baptized in our parish



PRAYERFUL CONCERN FOR CREATION

A selection of prayers that you may weave into your personal prayer for the gift of seasonal weather for the well being of us all.

That God, who waters the earth and makes it fruitful, may send gentle and abundant rain to refresh the soil, fill our rivers, and restore the balance of nature. We pray to the Lord.

That families, farmers, and communities struggling with dry land and failing crops may find relief, hope, and the support they need. We pray to the Lord.

For Australia and its people in this time of drought, for those on farms and in rural areas deprived of harvests and livestock, livelihood and hope. May God send rain to water the earth and help for those in need. We pray to the Lord.

SERVING OUR COMMUNITY

"Jesus sent Peter and John, saying, "Go and make preparations for us to eat the Passover." Many thanks to all those who generously offered their time and talents to serve as sacristans preparing for the 5.30pm Vigil Mass and 10.30am Mass. It is one of those simple but important ministries that enables the worthy and joyful celebration of the Parish Eucharist, "the source and summit" of our life together

RCIA - RITE OF ACCEPTANCE

On Sunday, 8 February at 10.30am Mass, we will celebrate the Rite of Acceptance of those catechumens & candidates moving toward sacraments of initiation & Reception into Full Communion into the Catholic Church at this coming Easter. If you do not come to the 10.30 Mass, this is the day to come, to support enthusiastically our catechumens & candidates.

MORNING TEA

After 8:30am Mass this morning, hosted by the Bingo Team. Please stop for a cuppa and a chat.



FROM YOUR PARISH COORDINATING TEAM (PCT)

1. A new school year begins. The PCT wishes our school communities - teachers, support staff, students, parents, grandparents and others, a safe and welcoming return to school in 2026. We pray this school year will be one of joy, wonderful learning experiences, peace and compassion.

2. From the Sunbury Winter Shelter (St Anne's Team) The shelter continues to look for a new, permanent home to offer winter accommodation. In the meantime, if a vulnerable person does cross your path today, why not REACH OUT and have a chat. Giving of your time and maybe a coffee, rather than money, is so appreciated. With their permission, ask for their name and mobile number. You and they are encouraged to call 0497 216 118 for immediate and more targeted assistance from Sunbury Winter Shelter (SWS) 9 am to 5 pm, every day.